



Thornton Lodge Winter Menu 2024



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAK-FAST	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Scrambled Egg with Mushrooms (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Fried Eggs with Baked Beans (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Bacon and Scrambled eggs (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee
LUNCH	Spaghetti bolognaises (G/W/D) Or Veggie spaghetti (G/W/D/V) Served with Italian roasted courgettes and aubergine (VE) Dessert: Apple Crumble and Custard (G/W/D/V)	Chinese chicken curry (D) Or Veggie curry (V,D) Served with veggie fried rice and prawn crackers. (VE) Dessert: Cherry Pie (G/W/D/E/V)	Slow cooked pork shoulder casserole. (D) Or Seasonal winter Vegetable Hot Pot (VE) Served with Creamy Butternut Squash and mash potatoes (VE) Dessert: Winter Spiced Rice Pudding With Jam (G/D/V)	Chicken and Leek Pie (D,G,W,E) Or Onion and Cheese Pie (V,G,W,D) Served with Honey Glazed Oven Roasted Carrots, Mash Potato and gravy. (V) Dessert: English Trifle (G/W/D/E/V)	Breaded fish and chips (G/W/P) Or Soft white fish in parsley sauce (D/P) Or Macaroni cheese Served with mushy peas, beans (VE) Dessert: Mixed Fruit Yogurts (V,D)	Traditional Italian Meatballs served with Fusilli Pasta (D/G/W/E) Or Tomato and Roasted Aubergine with Fusilli Served with Garlic Bread and Green Beans Or Mash Potato (V/G/W/D) Dessert: Chocolate Pudding w/Cream (G/W/D/E/V)	1.Roast Pork OR 2. Roast Chicken OR 3. Vegetable Tartlet (G/W/VE) Served with Roast Potatoes, Cauliflower, Yorkshire Pudding stuffing, mint sauce and apple sauce. (G/V) Dessert: Selection of Ice Creams (V/D)
AFTER-NOON TEA	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Pancakes (G/W/E/D) served with Jams, Nutella (N) , Golden Syrup. Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)
DINNER	1.Fishcakes with Baked Beans (G/P/W) 2.Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Veggie Nuggets (G/W)	1.Roasted Tomato Soup (VE) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3.Four Cheese Ravioli (E/D/W/G/V)	1.Minestrone Soup (G/VE/W) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Cauliflower Cheese (E/W/G)	1.British Pork Pie & Baked Beans (G/W/E) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G)	1.Carrot and Coriander Soup (G/V/W) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Veggie Samosas (E/D/W/G)	1.Cheese and Tomato Pizza (G/V/W) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G)	1. Cheese and onion Cornish Pastie with spaghetti hoops (V/E/G/W) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G)



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⇒ Coffee and Tea - 10.00 A.M

⇒ Hot Drink - 8.00 p.m.

⇒ Tea may be served any time of the day - Please ask staff. Please ask staff if you require help in any matter.

⇒ Tea/Coffee is served with milk therefore contains Dairy. We also offer milk alternatives. Please see a member of staff or the Chef if you require a different milk option

⇒ A fresh green salad will be offered at any time of the day. Please request this from the staff on duty.

⇒ Please see the chef before 11 if you would like an omelette for lunch rather than the lunch provided.

⇒ Any other allergies can be met and will be discussed with the chef who will offer an alternative meal.

⇒ All staff will be made aware of each resident's food allergies and the information will be kept in all kitchen areas.

ALTERNATIVE DESSERTS:

1. Ice Cream

2. Cheese Biscuits

3. Ice Cream / Ice Lollies

4. Gluten/free dairy alternative

SUGAR FREE CHOICE:

1. Sugar free Jelly

2. Fruit Yoghurt

3. Cheese Biscuits

4. Fresh Fruit

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAK-FAST	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Scrambled Egg with Mushrooms (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Fried Egg with Baked Beans (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Bacon and Scrambled eggs (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee
LUNCH	Ham, Eggs and Chips (E) Or Baked and stuffed mushrooms, Eggs and Chips (V,E, G) Served with garden peas and sweetcorn (G/VE) Dessert: Hot Fudge Brownie (G/D/V)	Chicken Korma (D) OR Saag Aloo (Indian Potato and Spinach) (VE) Both served with Rice and Tarka Dhal (VE) Dessert: Cinnamon and Pear Crumble Severed with Double Cream (D,E,G,W)	Classic Italian Lasagna (D,E,G,W) OR Veggie Italian Lasagna (G/E/D/W/V) Both Served with garlic bread and garden peas. (D/G/W) Dessert: Syrup Sponge with hot custard (G/W/D/E)	Shepards Pie (D) OR Veggie Shepards Pie (D) Both Severed with Thick Gravy and broccoli & carrots Desserts: Bread and Butter Pudding (E/G/W/D)	Breaded fish and chips (G/W/P) Or Soft white fish in parsley sauce (D/P) Or Courgette Moussaka (D/V) Served with mushy peas, beans (VE) Dessert: Mixed Fruit Yogurts (V,D)	Peri-Peri Chicken Thighs OR Beanie Burgers (G/W/VE) With homemade coleslaw and spiced rice or chips. (D/E) Dessert: School Cake With hot chocolate sauce	1.Roast Beef OR 2. Roast Chicken OR 3. Vegetable Tartlet (G/W/VE) Served with Roast Potatoes, Cauliflower, Yorkshire Pudding stuffing, mint sauce and apple sauce. (G/V) Dessert: Selection of Ice Creams (V/D)
AFTER-NOON TEA	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Cupcakes (G/W/E/D) Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)
DINNER	1.Chicken Nuggets (G/W) 2.Veggie Nuggets (VE) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Egg Mayo, Cheese salad. (E/D/W/G) 3. Tea and Coffee (E/D/W/G)	1. Cheese and onion pasty (E/G/W) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1.Fish Cakes (G/P/W) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Cheesy Chips (D) 4. Tea and Coffee	1.Tradional British Pork Pie & Baked Beans (G/W/E) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Egg Mayo, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1.Lentil Soup (VE) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Salt & Pepper Chicken Bites (G/W/E) 4. Tea and Coffee	1.Hot Dogs (G/W/I) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Marconi Cheese 4. Tea and Coffee	1. Dhal Soup (V/D) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Classic Indian Veggie Samosa 4. Tea and Coffee



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- ⇒ Tea/Coffee is served with milk therefore contains Dairy. We also offer milk alternatives. Please see a member of staff or the Chef if you require a different milk option
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ALTERNATIVE DESSERTS:

1. Ice Cream
2. Cheese Biscuits
3. Ice Cream / Ice Lollies
4. Gluten/free dairy alternative

SUGAR FREE CHOICE:

1. Sugar free Jelly
2. Fruit Yoghurt
3. Cheese Biscuits
4. Fresh Fruit

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Thornton Lodge Winter Menu 2024



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAK-FAST	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Scrambled Egg with Mushrooms (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Fried Egg with Baked Beans (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Bacon and Scrambled eggs (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee
LUNCH	Chilli Con Carne OR Mixed bean casserole (VE) Served with: Rice, baked cauliflower Optional Cheddar Cheese (D) Dessert: Mixed Fruit Yogurts (D)	Pasta Carbonara with peas (E/G/D/W) OR Roasted Aubergine Pasta (V/G/W) Served: Garlic Bread (G/W/D) Dessert: Raspberry Mousse Slice (G/W/D/E)	Beef Stroganoff OR Stuffed Peppers with rice and cheese (D) Served with rice, mash potato and creamed spinach (D) Dessert: Apple Crumble and double cream (G/W/D)	Chicken and mushroom pasta bake (D/G/W) OR Mixed vegetable pasta bake (D/G/W) Both severed with mixed winter veg Dessert: Strawberry Cheesecake (D/G/W/E/V)	Breaded fish and chips (G/W/P) Or Soft white fish in parsley sauce (D/P) Or courgette rougaille with Roti and Rice (D/V) Served with mushy peas, beans (VE) Dessert: Mixed Fruit Yogurts (V,D)	Beef and Onion Pie (G/W/D/E) OR Vegetarian Pot Pie (G/W/D/E/V) Both severed with creamy mash and cauliflower cheese. (D) Dessert: Rice pudding with strawberry jam (D)	1.Roast Lamb OR 2. Roast Chicken OR 3. Vegetable Tartlet (G/W/VE) Served with Roast Potatoes, Cauliflower, Yorkshire Pudding stuffing, mint sauce and apple sauce. (G/V) Dessert: Selection of Ice Cream (V/D)
AFTER-NOON TEA	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Pancakes (G/W/E/D) served with Jams, Nutella (N), Golden Syrup. Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)
DINNER	1.Tomato and Basil Soup (VE) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1. Cheese and onion Pastie (E/G/W) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1.Tradional British Pork Pie & Baked Beans (G/W/E) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1.Cream of Mushroom Soup (V/W) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Egg Mayo, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1.Jacket Potato with cheese and beans (G/W/D) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1.Fish Fingers and spaghetti hoops(P/W/G) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Egg Mayo, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1. Mixed vegetable Soup (VE) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Tea and Coffee



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- ⇒ Tea/Coffee is served with milk therefore contains Dairy. We also offer milk alternatives. Please see a member of staff or the Chef if you require a different milk option
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SUGAR FREE CHOICE:

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WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAK-FAST	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Scrambled Egg with Mushrooms (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Fried Egg with Baked Beans (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Porridge (G/W/D) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee	1.Choice of Cereal (G/W/D) 2.Bacon and Scrambled eggs (E) 3.Toast served with either: Butter, marmalade or Jam. (G/W/D) 4.Tea / Coffee
LUNCH	Brown Stew Chicken (D) Or Chickpea and Butterbean Curry (VE) Both served with Rice and kidney beans (VE) Desserts: Mixed Berry Crumble with custard (D/G/W/E/V)	Sticky Beef & Noodles (G/W) Or Mixed Vegetable Noodles (G/V/W) Both served with Mixed stir fry vegetables Dessert: Eve's Pudding served with double cream (D/G/W/E/V)	Tuscan Slow Braised Pork & Bean Stew OR Mushroom and beans Stroganoff (D/V) Served with Sautéed Potatoes Dessert: Rhubarb crumble and custard (D/G/W/E)	Chicken Pesto Pasta (D/G/W) OR Veggie pesto bake (D/G/W/V) Both served with sweetcorn and carrots Dessert: Chocolate Mousse Slice (G/E/D/W/V)	Breaded fish and chips (G/W/P) Or Soft white fish in parsley sauce (D/P) Or Courgette Moussaka (D/V) Served with mushy peas, beans (VE) Dessert: Mixed Fruit Yogurts (V,D)	Chicken Pot Pie Or Veggie Pot Pie Both served with creamy mash and mixed veg (D) Dessert: Selection of Ice Cream (V/D)	1.Roast Beef OR 2. Roast Chicken OR 3. Vegetable Tartlet (G/W/VE) Served with Roast Potatoes, Cauliflower, Yorkshire Pudding stuffing, mint sauce and apple sauce. (G/V) Dessert: Pear Crumble with double cream (G/W/D/E)
AFTER-NOON TEA	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Cupcakes. Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)	Tea, Coffee, Biscuits (G/W/D)
DINNER	1.Cheese and tomato Pizza (G/W/E/D) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1.Leek and Potato Soup (V/D) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Veggie Samosa (VE) 4. Tea and Coffee	1.Fish Cakes (G/P/W) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Egg Mayo, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1. Traditional British Sausage Roll & Baked Beans (G/W/E) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1. Mixed Vegetable Soup (VE) 2. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1. Shepards Cornish Pastie (E/G/W) 2.Veggie Nuggets (VE) 3. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Egg Mayo, Cheese salad. (E/D/W/G) 3. Tea and Coffee	1.Chicken Nuggets (G/W) 2.Veggie Nuggets (G/VE/W) 3. Selection sandwiches: Ham Sandwich Tuna Mayo, Cheese and Pickle, Corn Beef, Cheese salad. (E/D/W/G) 3. Tea and Coffee



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